

LA 6 DECOUVERTE - 2022 - ROADBOOK

THURSDAY 28 JULY 2022

Updated, 30 july 2021

ETAPES	Checkpoint	Food Station	First Aid / Rescue	Water point	Doctor	Altitude	Cumulative distance			Intermediaite distance			Fastest runners schedule 2021	Slowest runners schedule 2021
							Dist.	D+	D-	Dist.	D+	D-		
PLAGNE CENTRE					M	1982	0	0	0	0	0	0	9H30	9H30
PLAGNE VILLAGES						2103	1	##	0	1	121	0		
CHALET DE TRIEUSE						2103							9h40	10h00
PLAGNE BELLECOTE	C1	R1	S1	E	M	1929	3,1	##	216	2	42	216	9h46	10h17
DOU DU PRAZ						2131	5,5	##	216	2,4	202	0	9h54	
ENTREE PLAGNE CENTRE						1943	7,3	##	404	1,7	0	188	9h58	
LAC VERT	C2					1923	8	##	448	0,7	24	44	10h09	11h26
PLAGNE AIME 2000						2108	9,8	##	465	1,7	202	17	10h17	11h43
PLAGNE CENTRE	C	R	S	E	M	1982	11	##	600	1,1	9	135	10H29'43	12H34'23
RACE DURATION 2019												00H54'21	2H59'39	
RACE DURATION 2021												00H59'41	2H04'39	